

Treatment:

Hepatitis C can be cured with a course of simple tablets which are highly effective. This normally involves taking one tablet a day for 8-12 weeks.

Treatment is available to everyone.

12 weeks after your treatment finishes a further test will be taken to check that treatment has been effective.

To order a free hepatitis C testing kit to be delivered to your home, scan the QR code below, or visit:

hepculater.com/get-tested/



Hepatitis C

Everything you need to know

“After finding out I had hep C, I started treatment, the treatment didn’t have any impact on my life. I would say to anyone get treated, it gave me peace of mind and can stop the progression of liver damage that can lead to cirrhosis and possible cancer.”

Patient

“I found treatment really easy to take and it did not impact my life I had no side effects what so ever, in fact I did notice both my appetite and mental health improve. I would say to anyone considering treatment - give yourself a chance at a better quality of life.”

Patient

Support:

Support is available for anyone affected by hepatitis C through The Hepatitis C Trust’s confidential phone number: **020 7089 6221**.



What is Hep C?

Hepatitis C is a blood borne virus. It is transmitted when blood from someone with hep C enters another person's blood stream.

If left untreated hepatitis C can cause liver disease, liver cancer and death.

Treatment is easy and available.

Risk Factors - have you...



Shared equipment when using drugs?



Had a blood transfusion before 1996?



Had dental or medical treatment abroad in unsterile conditions?



Not been tested after a needle stick injury?



Had a piercing, tattoo, electrolysis, semi-permanent make up or acupuncture using equipment not sterilised?



Had unprotected sex (with possibility of blood-to-blood contact) with someone who may have had hepatitis C?



Had a chance of your mother having hepatitis C during childbirth?



This picture shows a finger prick test being taken. There are other ways of testing available.

Early Symptoms of a Hepatitis C Infection:

Not everyone experiences symptoms of an early hepatitis C infection. Symptoms can sometimes be misinterpreted as another illness, and a person might not experience all symptoms.

- High temperature (above 38C)
- Tiredness
- Loss of appetite
- Abdominal pain
- Feeling sick/vomiting
- Jaundice (yellowing of skin or eyes)

You can also find out more about the symptoms of hepatitis C by visiting our website here:

hepculater.com/what-is-hep-c/

Did you know?

Around 25% of people who have acquired hepatitis C spontaneously clear the virus within 6 months without any treatment.