

HEP C
U Later



Hepatitis C Training Matrix

How to use the training matrix

All elements of the training matrix are completely optional. Hep C U Later recommend picking at least one hepatitis C training option and exploring the resources you think may be useful to use within your organisation. Hep C U Later also recommend exploring the websites of the organisations which offer further information and support in case you need to access them for a patient in the future.



Why is it important to understand more about hepatitis C?

There is a global goal of eliminating hepatitis C by 2030, England's aim is to achieve this goal by 2025. To achieve this goal and maintain elimination it is vital that professionals understand how hepatitis C is transmitted, how it affects the body, how to test, and how to treat the virus.

Purpose of the Hepatitis C Training Matrix:

The Hepatitis C Training Matrix is for use by any professional who wants to complete training to:

1. Improve or update their existing knowledge of hepatitis C
2. Gather evidence of completing training for CPD
3. Generate reflective pieces (eg. for nurse revalidation)

The Hepatitis C Training Matrix comprises of:

- Hepatitis C training (in various formats to promote flexible learning)
- Hepatitis C resources (which can be used if the professional finds them useful within their organisation)
- Key published documents on hepatitis C (eg. Information on prevalence or current guidance)
- Organisations which provide hepatitis C information and/or support
- Case studies and good practice examples



Glossary

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Hep C Quiz

How many people across England do you think are estimated to be living with hepatitis C and unaware of the infection?

A. 42,300

B. 62,800

C. 74,600

What organ does the hepatitis C virus affect?

A. Heart

B. Liver

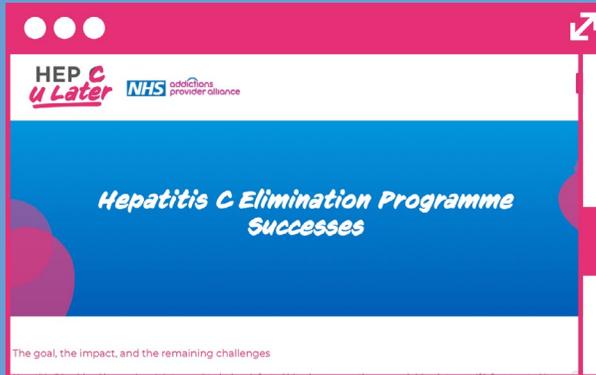
C. Brain

D. Lungs

Part 1

The Training Matrix

Fact Sheets



Hepatitis C Elimination Programme Successes

An overview of the successes of the hepatitis C micro-elimination programme in England to date.

[Click here to view](#)

Any product created by the Hep C U Later Team can be found on our website on the resource page.

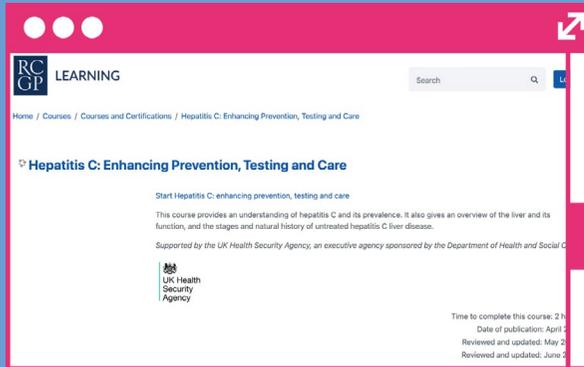


Hep C U Later Hepatitis C Factsheet

Hepatitis C brief and simple information at a glance.

[Click here to view](#)

Online learning modules



RCGP Hepatitis C Training

Online training on hepatitis C giving an overview, background to elimination and information on enhancing care.

[Click here to view](#)



INHSU Hepatitis C Training

Online training which can be completed in your own time giving a comprehensive and clinical overview of hepatitis C.

[Click here to view](#)

Hep C fact:

Did you know there is no vaccine for hepatitis C.



Resources



Hep C U Later Engaging People in Testing Document

Top tips for engaging people into testing for hepatitis C.

[Click here to view](#)

Hep C fact:
Direct-acting antivirals (DAAs) cure 9 out of 10 patients with hepatitis C.



Hep C U Later Leaflet

A leaflet covering everything you need to know about hepatitis C from risk factors to treatment.

[Click here to view](#)

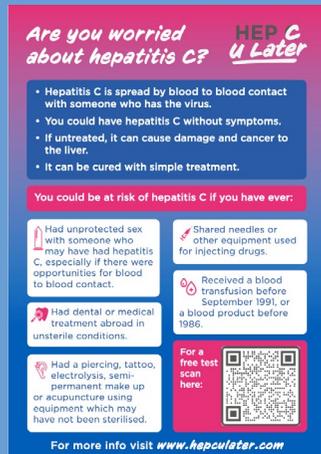


Hep C U Later Stigma Toolkit

A toolkit which can be used for people who want to ensure the correct, anti-stigma language is being used, that the correct language is used within organisational policies, and information on other interventions which can reduce stigma

[Click here to view](#)

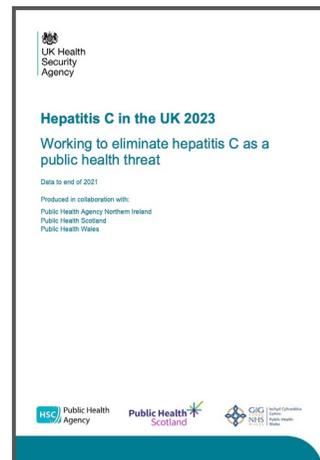
Resources



Hep C U Later Poster

Poster for use in settings such as general practice, pharmacies and hostels. This poster links to the national hepatitis C testing portal.

[Click here to view](#)



UKHSA Report - Hep C in the UK - 2023

A report of the current prevalence of hepatitis C in the UK.

[Click here to view](#)

Hep C fact:

All these resources, and more, can be found on our website [here](#).



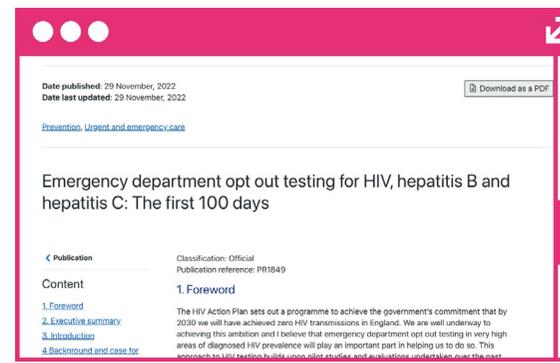
Good practice examples



Inclusion Visions Thurrock Good Practice Example

Example of good practice from drug and alcohol service for meeting the healthcare needs of people accessing drug services.

[Click here to view](#)



Emergency department opt out testing for HIV, hepatitis B and hepatitis C: The first 100 days

Summary of emergency department opt out testing in London – the first 100 days including challenges, implementation, findings and impact.

[Click here to view](#)

Hep C fact:
Hepatitis C is an inflammation of the liver caused by the hepatitis C virus.



Case studies



Hepatitis C Testing in the NHS Case Study

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The Hepatitis C Elimination Programme implemented some time-limited pilots in emergency departments in 2020/21. Although successful in finding some hepatitis C cases, the pilots were limited in testing only for hepatitis C as there was no national initiative to test for triple blood-borne viruses at the time.

Georgia states, "I was in December 2021 with the HIV Action Plan that we started to work with the HIV Programme, which sits in the NHS England Medical Directorate, to roll out testing in emergency departments for HIV, Hepatitis C, and Hepatitis B in areas of very high prevalence of HIV. These included all of London and Manchester and has since evolved to include Brighton, Blackpool and Belfast."

The Challenge to the NHS
As hepatitis C is eliminated within England, the challenge to the NHS is it is now harder to find those with the virus. Georgia advises this is due to so many people having now been treated, hence the decision was made to opportunistically test.

Sigma around hepatitis C still exists and overcoming this helps the programme to succeed in preventing serious illness such as liver disease, cirrhosis, and cancer.

The good news is that the direct acting antivirals (DAAs) patients are now treated with are extremely effective, and have fewer side effects which encourages those who may have been previously resistant to seek treatment.

Georgia's reflections on the challenges:
"Rather than undertake a lot of targeted work, which we have been doing throughout the duration of the programme, our aim with the emergency department opt-out testing programme is to opportunistically test people for hepatitis C (and other blood borne viruses). This means adding on a blood test for hepatitis C when people are already in health services and already having blood taken."

"Normalising the testing also helps us tackle the stigma associated with some of these blood-borne viruses because everyone is offered this test, it is not associated with risk factors or behaviours. Ultimately our aim is to find as many people as possible, as early as possible. Since hepatitis C is a potentially cancer-causing virus, it can be very serious."

Georgia Threadgold
Georgia is a key member of the NHS England Hepatitis C Elimination Programme. As Senior Project Manager she currently leads across health & justice, emergency department testing, the national web testing portal, as well as the procurement work within these areas. Georgia works collaboratively with a range of partners "As part of this role I get to work with lots of interesting and inspiring stakeholders including other teams at NHS England, services, HEPCC, the Hepatitis C Trust, pharmaceutical organisations, and other partners from different organisations - there are too many to list but they all offer incredible value and it's great to work with them all."

The Results so Far
The emergency department opt-out testing programmes have seen significant results. "We know that in the first 100 days of the testing programme (April-July 2022) we undertook over 100,000 hepatitis C antibody tests in London, and we found 283 new diagnoses of hepatitis C across London alone, and an additional 25 people who had a previous diagnosis of hepatitis C but had been lost to follow up and were not engaged in care."

Emergency Departments Opt Out Testing Programme Case Study

A case study on the Emergency Departments opt out testing programme and the benefits it has had.

[Click here to view](#)

Hep C fact:
There are often no symptoms of hepatitis C at first.



Eliminating hepatitis C across Cheshire and Merseyside

with David Byrne, Cheshire and Merseyside Hepatitis Operational Delivery Network Manager

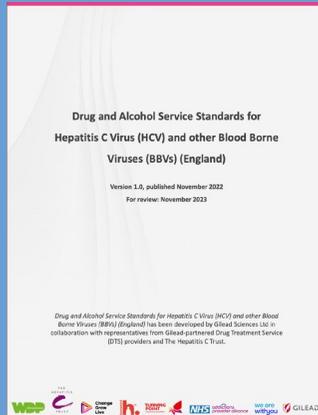
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Case Study Podcast

Podcast of Operational Delivery Network Manager speaking about the steps Cheshire and Merseyside have taken to try to reach hepatitis C elimination, specifically around primary care.

[Click here to view](#)

Guidance, Standards & Data



The Hepatitis C Drug Treatment Service Provider Forum Blood Borne Virus Standards

Standards for blood borne virus care within drug and alcohol services.

[Click here to view](#)

Hep C fact:

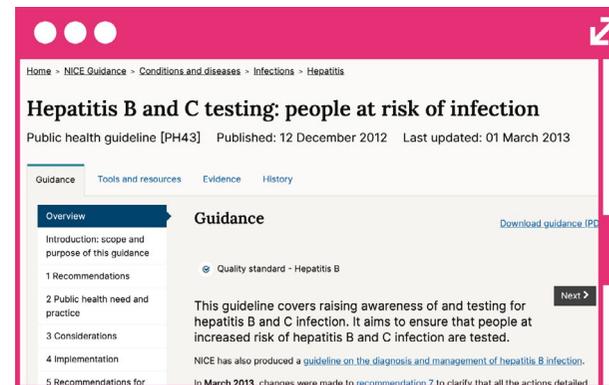
You can travel abroad if you have hepatitis C, but you should speak to your doctor in advance.



Shooting Up Report

A report of data found from the UKHSA Unlinked Anonymous Monitoring Survey of People Who Inject Drugs (data collected from people who use drugs around blood borne viruses, vaccinations, naloxone, drug related harm and overdose).

[Click here to view](#)

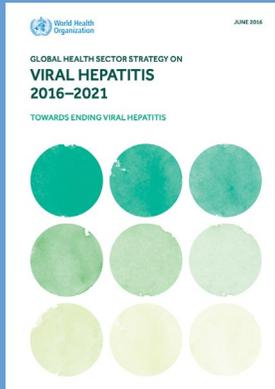


NICE Guidance

NICE Guidance for hepatitis B and C testing.

[Click here to view](#)

Further info



Global Strategy Document

The global viral hepatitis strategy released by the World Health Organisation in 2016 detailing the global prevalence of hepatitis and outlining the strategy to eliminate hepatitis as a global hepatitis as a public health threat by 2030.

[Click here to view](#)

Hep C fact:

Symptoms may begin months or even years after getting Hep C, and can come and go.



London ED Good Practice Guide

Guidelines to support the implementation of routine BBV opt-out testing in London EDs. These guidelines are informed by national guidance and models of good practice.

[Click here to view](#)



The British Liver Trust – Liver Disease Information

British Liver Trust Liver Disease Information.

[Click here to view](#)

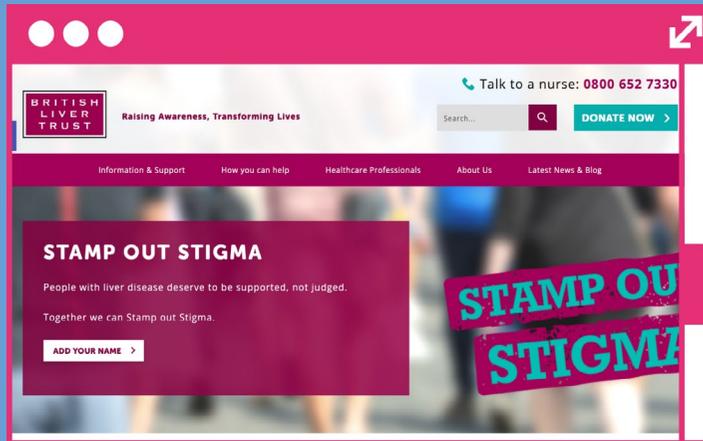
Useful websites

The Hepatitis C Trust

Information and resources on hepatitis C, including linking people to support.

The Hepatitis C trust confidential phone number:
020 7089 6221

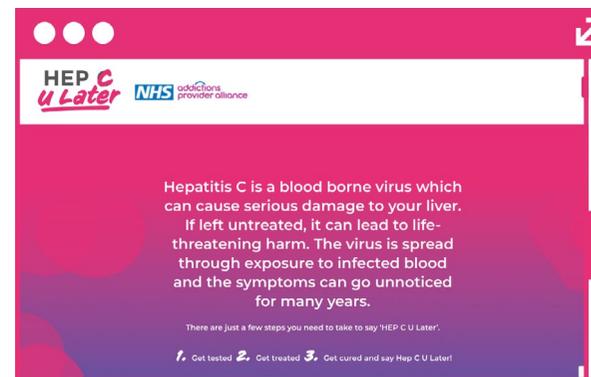
[Click here to view](#)



The British Liver Trust

Information and resources on liver conditions.

[Click here to view](#)



Hep C U Later

Hepatitis C information, resources and training.

[Click here to view](#)

Hep C fact:

You can now do a finger-prick test at home to find out if you have hepatitis C. Order one [here](#).



Part 2

**Useful information
for professionals
working with
people who use
drugs.**

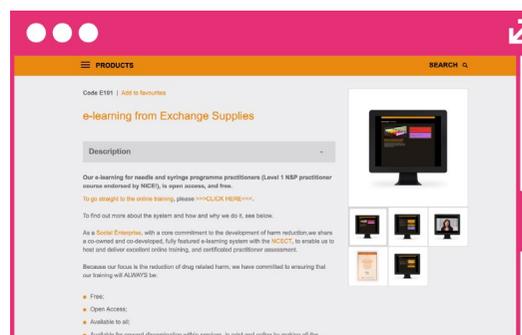
Training & resources



KFx Website

Multiple resources and key information on different substances. KFx are also available for face to face or online training for services.

[Click here to view](#)



Exchange supplies Level 1 Needle and Syringe Provision Practitioner Course

This course is primarily for people who work with people who use drugs such as drug services or pharmacists providing needle and syringe provision. The course can be completed in your own time and is endorsed by NICE.

[Click here to view](#)

Hep C fact:

Using the latest medications, more than 90% of people with hepatitis C may be cured.



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